

Breakfast Menu

Can Do
CATERING

P 351 0212 M 021 139 6342
E candocatering@lftcant.co.nz



(Minimum order of 8)

Chia Pods Delicious and healthy (gf & Vegan options) \$4.50ea

packed with protein, omega-3, antioxidants and calcium.

- Blueberry, Raspberry, Banana & dark chocolate or Organic vanilla & almond

Fresh seasonal fruit salad (Vegan & gf options) \$4.50

with chefs homemade muesli & labneh yogurt

Egg roulades filled (gf & Vegetarian options) \$3.50

with smoked salmon, cream cheese, house grown spinach & hollandaise.

Corn & Bacon fritter stacks (gf & Vegetarian options) \$3.50

with avocado, tomato & melted mozzarella.

Egg Muffins (gf) \$3.50

- Baby spinach, cherry tomato & parmesan
- Dry cured bacon
- Mushroom, thyme & mozzarella

Open Focaccia Breads (gf & Vegan options) \$3.50

- Herb Feta, tomato, avocado & hollandaise
- Edamame beans, smashed avocado, mint & peas (vegan)
- Tomato & cheddar melt with hollandaise
- Smoked chicken, beetroot hummus & dukkah

Selection of croissants & pastries \$3.50

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Bircher Muesli \$5.50

- Honey toasted oats, green apple, cranberries, coconut topped with grilled pear & crunchy Seeds

Can do drinks 250ml reusable jar

Smoothies \$4.50ea

- Kale, spinach, mango & pineapple
- Banana, blueberry, chia seeds & almond milk ([Vegan](#))
- Carrot, banana, pineapple, ginger & turmeric ([Vegan](#))

Cold pressed juice..... \$3.50ea

- Apple
- Orange

Coconut water \$3.00ea

These menus are only a suggestion we are more than happy to compile a menu to suit you.

All prices are ex GST.

Disclaimer

While every care is taken to ensure GF/DF/Vegetarian/Vegan requests can be met, please be aware we are NOT a Gluten Free/ Dairy Free Kitchen. The Menu is subject to change due to seasonal availability