

Lunch Boxes



P 351 0212 M 021 139 6342
E candocatering@lftcant.co.nz



Create your own lunch Box

(Minimum order of 8)

Bread & sandwiches (gf option) \$5.00

- BLT Baguette with seasonal pickled vegetables
- Assorted Bagels with smoked salmon, dill cream cheese & crispy lettuce
- Avocado & feta smash on ciabatta with tomato salsa (Vegan option)
- Wraps filled with Quinoa, baby spinach, Manuka smoked chicken & homemade relish
- Club Sandwich, chicken, bacon, cucumber, tomato & egg mayo

Focaccia Breads \$4.50

- Vegemite, tomato & avocado (Vegan)
- Edamame beans, smashed avocado, mint & peas
- Tomato & cheddar melt with hollandaise (Vegetarian)
- Smoked chicken, beetroot hummus & dukkha

Salad (Vegan, gf option) \$8.00

- Lemon & Ginger Chicken Salad
- Nutty rice, mixed greens, tomatoes, roasted peppers and Pepitas mix (Vegetarian)
- Vermicelli, Asian slaw, capers alfa sprouts, snow peas & wasabi avocado aioli. (Vegetarian)

Lunch Boxes



P 351 0212 M 021 139 6342
E candocatering@lftcant.co.nz



Thai Beef & Cashew Salad (gf option)

- Coriander, mint, mung bean, cucumber, lime, crispy noodles & cashew nuts

Vegetarian Supreme (Vegan, gf options)

- Seasonal roots, jalapeno, roasted vegetables, quinoa, fresh garden herbs & eggs

Spiced Lamb Salad (gf option)

- Fragrant dukkha, creamy tahini yoghurt, mint, kale & mixed greens

Sweet (Vegan, gf options) \$3.00

- Caramel slice
- Whole fruit
- Fruit salad tossed with passion fruit coulis
- Can Do Bliss
- Muffin
- Chocolate chip cookie

Extras

Smoothies (Vegan, gf options) \$4.50

- Kale, spinach, mango & pineapple
- Banana, blueberry, chia seeds & almond milk
- Carrot, banana, pineapple, ginger & turmeric

Lunch Boxes



Cold pressed juice **\$3.50ea**

- Apple
- Orange

Coconut water **\$3.00ea**

These menus are only a suggestion we are more than happy to compile a menu to suit you.

All prices are ex GST

Can Do
CATERING

P 351 0212 M 021 139 6342
E candocatering@lftcant.co.nz

Disclaimer

While every care is taken to ensure GF/DF/Vegetarian/Vegan requests can be met, please be aware we are NOT a Gluten Free/Dairy Free Kitchen. The Menu is subject to change due to seasonal availability